

Curriculum Vitae



PERSONALIA

Name: Bram Swinnen
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Date of birth: 25/05/'77
Nationality: Belgian



STUDIES

- Catholic university of Leuven (1995- 2001):
- '95-'99: Master in kinesiology
 - Thesis: Effect of passive stretching on mechanical muscle properties
 - '95-'99: Aggregate Physical education
 - '99-'01: Master in physical therapy
 - Thesis: Myostatin (GDF-8): Candidate gene for skeletal muscle mass
- Free university of Brussels (2001- 2003):
- '01-'03: Master after Master in Manual therapy



WORK EXPERIENCE

Physical trainer & physical therapist fire departments:
Fire department Brussels airport company (2000-'08)
Fire department Zaventem (2001-'06)

Belgian cats: women's Belgian national team (2005-'07):
Physical trainer & physical therapist

RBC Verviers-Pepinster (2006-'08): Belgian 1st league basketball team
Physical trainer

Estudiantes Madrid (2004-'05): Spanish 1st league basketball team & basketball school
Physical trainer
1 x Euroleague

Antwerp Giants (2003-'04): Belgian 1st league basketball team
Extern expert sport-specific testing and periodisation (through Athlete's care)

Power Wevelgem (2003-'04): Belgian 1st league basketball team
Extern expert sport-specific testing and periodisation (through Athlete's care)

Eurolines Vilvoorde (2002-'03): Belgian 1st league basketball team
Physical trainer

Ubizen Hasselt (2001-'02): Belgian 1st league basketball team
Physical trainer

Belgian national teams U16 – U18 – U20:

Men's BNT U16, U18, U20 (2006-'07): Physical trainer

Men's BNT U18 (2003): Physical therapist & physical trainer

Men's BNT U16 (2003; 2004): Physical therapist & physical trainer

Top sport school basketball Belgium (2002-'04; 2005-'08):

Physical trainer

Responsible for periodisation, sport-specific testing, guidance and detection of Flemish talented youth players

Testing & conditioning of the Belgian 1st league referees (2006-'07)

Performance coach & physical therapist individual & team sport athletes (1997-2022):

Arnaut Danjuma Groeneveld, Samuel Eto'o, Willian Borges, Lassana Diarra, Stefan de Vrij, Yuri Zhirkov, Divock Origi, Jan Vertonghen, Andrey Yeshchenko, Lacina Traore, Ruslan Malinovskyi, Joachim Maehle, Sander Berge, Adnan Januzaj, Omar Colley, Christian Kabasele, Leandro Trossard, Carlos Delfino, Timofey Mozgov, Carlos Cabezas, Jorge Garbajosa, Raul Lopez, Keith Langford, Zoran Planinic, Kresimir Loncar, Jerome Moiso, Paulius Jankunas, Robertas Javtokas, Sergei Monia, Vitaley Fridzon, Mama-Ibra Anne, Eline Berings, Yanina Wickmayer,

Khimki Moscow (2007-'11)

Physical trainer & physical therapist

2 x Euroleague

2 x Eurocup

Asseco Gdynia Prokom (2011-'12)

Physical trainer & physical therapist

1 x Euroleague

Anzhi Makhachkala (2012-'13)

Physical trainer & physical therapist

1 x Europa League

Move to cure performance (2014-'17)

KRC Genk (2017-)

High performance coach

1 x Champions League

2 x Europa League

10 seasons in top European competitions in football & basketball:

1 x Champions League

3 x Europa League

4 x Euroleague

2 x Eurocup

Expert coach Asics Tennis Academy (2019-heden)

Keiser Ambassador (2021-heden)



LANGUAGES

	Very good	Sufficient	Basic knowledge
Dutch	X		
English	X		
French	X		
Portugese		X	
Russian		X	
German		X	
Spanish	X		



COMMITTEE

Member of the National strength and conditioning association (1998-2008)



PRACTICES

Physical therapy: Orthopaedics (Pellenberg hospital & academic hospital Gasthuisberg)
 Neuro-motor rehabilitation (Pellenberg hospital)
 Cardiac testing and rehabilitation (Aristotle University of Thessaloniki, Greece) → testing of Paok Thessaloniki basketball & volleyball athletes

Kinesiology & physical education



INTEGRATED
performance
TRAINING