

**7th International Congress on Prevention and Rehabilitation of Injuries in Physical Activity and Sports.
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Lecturer: Igor Jukić

CV: Igor Jukic, PhD, is an university professor, international lecturer and high-performance specialist in sport. His scientific and professional work have been published in more than 200 papers related to sports science and high performance in sport. He is founder (2003) and current secretary general of European Physical Conditioning Association. As strength and conditioning coach Igor worked with the Croatian national senior and youth basketball teams from 1994-2006. He was strength and conditioning coach of Croatian national football team for the World Cup in Brazil and Euro Qualifications for Euro 2016. In period 2016/18 he was Head of performance in Baskonia-Alaves group (Spain, Basque Country) where he established unique high performance system (BAL). Furthermore, Igor was personal performance specialist of many internationally top level team sport players. In 2011 he founded Biotrening Ltd., company related to high performance in sport, which support many top-level players and teams around the globe.

Topic: Systemic approach to injury prevention in football

Short summary: The great interest of all stakeholders in football for the health and availability of players opens up the need to create a systemic approach to injury prevention. Experts of various profiles are involved in this process, and it is especially important that such a process be centrally managed. Only the harmonization of all sectors of sports preparation can give positive outcomes.